



FiCTION Newsletter 2015

FiCTION (Filling in Children's Teeth; Indicated Or Not)

Only 33 more recruits needed!

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WOOHOO!!!

YES! We are *almost* there!

Thanks to all the dental practices who are involved in the FiCTION Trial, we currently have 1080 children recruited to the study. Although the recruitment period has 'officially' ended, if you do see a child who would be eligible to join the study, then please go ahead and randomise them. Any child who is recruited to the study at this time will have a shorter follow-up period to enable them to finish at the same time as other participants. This means that recruiting anyone now will not extend the length of your practice participation further. It should also be noted that Service Support Costs will be paid for any further participants consented.

3 New Practices on board the FiCTION Trial

In breaking news the FiCTION team would like to welcome some new members of the FiCTION family. As you all know we are wonderfully close to reaching our target recruitment figure. To help us find those last few participants we can now announce that Manchester practices Ash Dental and DCO Dental (Timperley) have joined the team! Not only this but our first practice in Liverpool, Sheil Road Dental are also on board.

Trial Manager, Mark Palmer, and Clinical Researcher, Matthew Stewart travelled to Manchester and Liverpool during the week commencing 26 January 2015 to deliver training to the teams within our new practices. The training sessions went well, with everyone engaging and looking forward to being involved in the trial.

Matthew said of bringing these new practices on board; *"We would like to wish our new FiCTIONeers the best of luck with the study and we are very excited to have them on board. We look forward to being able to keep you up to date with their journey over the next few years."*



Photographed—FiCTION team from Sheil Road Dental Practice, Liverpool

Channel 4 - JUNK FOOD KIDS - WHO'S TO BLAME?

Tuesday 17 February at 8pm &

Tuesday 24 February at 8pm



Photographed (l-r) Monty Duggal and Stephen Fayle

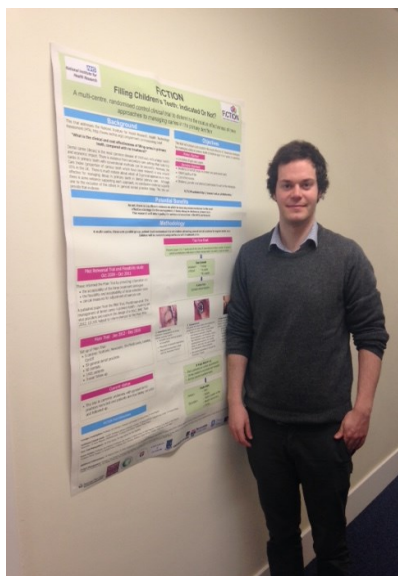
Our very own FiCTION Clinical Lead in Leeds, Professor Monty Duggal and FiCTION Collaborator, Professor Stephen Fayle, will be appearing in the **Channel 4 TV programme "Junk Food Kids — Who's to Blame?"**.

Channel 4 in their advertising for the programme say "Statistics prove that, in Leeds, a quarter of all youngsters under the age of 5 have tooth decay and a third are obese. The programme follows

frustrated professionals at Leeds General Infirmary, including Dentistry, as they tackle this modern epidemic and meet the anxious parents on the frontline of a health disaster. Working hard to embrace a healthier lifestyle, we will see families making big changes to help their kids get better."

All of our FiCTION dentists are well aware of the efforts involved in trying to change oral health behaviours to reduce dental caries. It is a real benefit of the trial that all children participating are given good support for caries prevention which ultimately should result in better oral health.

FiCTION's Clinical Researcher talks 'FiCTION' at a conference hosted by the Social Dimension of Health Research



*Photographed—Matthew Stewart,
FiCTION Clinical Researcher*

In December Matthew Stewart, the Clinical Researcher on the FiCTION team, attended a conference hosted by the Social Dimension of Health Research in St. Andrew's University to talk about the FiCTION trial. The conference saw presentations from a wide spectrum of healthcare researchers throughout Scotland.

Matthew said:

"It's always great to go somewhere and tell people about FiCTION. There was a good deal of interest in the study and what we are trying to achieve. Sometimes even other healthcare professionals are surprised by how much we can do in children's dentistry now. Events like this serve as a good reminder that not everyone has the same awareness of dental research, or dentistry, as we do. It's also a reminder to get our message out there about all the good work that FiCTION teams across the UK are doing!"

Drawing Competition

Our FiCTION Drawing Competition is once again open. We would love for your FiCTION children to submit their drawings to win the chance for their picture to be turned into the new FiCTION sticker. The closing date for entries is the end of April 2015 but the submitted pictures will be uploaded onto the website as we receive them; so tell your children to keep checking to see theirs on the World Wide Web. We will be sending you the competition sheets and ask that you give them out to all of the children. Please contact your Clinical Leads Secretary to make sure you have everything you need and wish your children good luck from us.

Photographed—Winning sticker from last competition



North East Practices reach their 300 recruits target



We would like to take this opportunity to congratulate everyone from the North East as they became the first region to have recruited 300 patients. The 300th randomisation for the region happened on 11 December 2014 and was a patient at Shotley Bridge dental practice. We are sure that you join us

in passing on our congratulations to everyone who has contributed to reaching this milestone. The Clinical Lead for the area and Joint Chief Investigator, Professor Anne Maguire said of the region's success, *"We were delighted to hear that the practices in the north east of England have just reached a milestone of recruiting 300 children for FiCTION. It's a reflection of the interest in the study from families locally and the commitment and enthusiasm of the clinical and administrative teams involved. The Scottish practices are hot on our heels to reach a similar milestone and with new practices in Manchester and Liverpool now actively recruiting FiCTION is looking forward to achieving its recruitment target early in 2015."*

Well done Whickham!!

One of the practices who have contributed to the 300 patients recruited in the North East is Whickham Dental Practice. Whickham Dental Practice is the 3rd Practice in the North East Area to reach its target of recruiting 30 children to the trial.

On asking the Practice Principal, Mr Ian Davidson about his experience of being in the trial he said;

"We are delighted to have achieved our target of 30 participants signed up to the FiCTION Trial. This is a result of great team work from receptionists, dentists and nurses.

There have been challenging times but a great team effort and excellent support from the FiCTION team has paid off. We are still on the lookout for further recruits to the trial".

Whickham Dental Practice website: <http://www.whickhamdentalpractice.co.uk/>



FICTION CONTACTS

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What is FICTION?

The FICTION study (Filling Children's Teeth: Indicated or Not) is a multi-centre Randomised Controlled Trial (RCT) funded by the NIHR HTA, which aims to provide evidence on the clinical and cost-effectiveness of three treatment approaches to managing decay in the primary dentition.

The FICTION trial is addressing the Health Technology Assessment Programme's commissioning brief and the research question "What is the clinical and cost effectiveness of filling caries in primary teeth, compared to no treatment?" It will also compare an intermediate treatment strategy based on the biological (sealing-in) management of caries with no treatment and with fillings.

The study is a primary care-based multi-centre, three-arm, parallel group, patient-randomised controlled trial. Practitioners will recruit 1461 children, (3-7 years) with at least one primary molar tooth with decay into dentine. They will be randomised and treated according to one of 3 treatment approaches:

- conventional caries management with best practice prevention
- biological management of caries with best practice prevention
- best practice prevention alone
- followed up for at least three years

The joint Chief Investigators are based at the Universities of Dundee, Leeds and Newcastle – Professor Jan Clarkson (Dundee), Dr Nicola Innes (Dundee), Professor Gail Douglas (Leeds) and Professor Anne Maguire (Newcastle). The full trial team includes collaborators from Universities in Cardiff, Dundee, Glasgow, Leeds, Newcastle, Sheffield and both QMUL and KCL in London. This multi-disciplinary research team has been established to work alongside a UK-wide team of specialist paediatric and Primary Care dentists and members of their teams. This is to ensure that whilst the trial design and conduct is of the highest standard, it remains practical and pragmatic.